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| PILATES ON MAIN - February 2026 | |
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| Monday | | | Tuesday | | | Wednesday | | | Thursday | | |
|----------------|--------------|----------------|----------------|---|----------------|---------------------|-----|----------------|----------------|---|----------------|
| Class | | Time | Class | | Time | Class | | Time | Class | | Time |
| Basic Reformer | O | 5:30- 6:15AM | Reformer Plus | C | 9:00- 9:45AM | Reformer Plus | K | 7:00- 7:45AM | Reformer Plus | B | 9:00- 9:45AM |
| Class Full | | | Class Full | | | Class Full | | | Class Full | | |
| Advanced Mat | K (Studio 1) | 6:00- 6:45AM | Basic Reformer | C | 10:00- 10:45AM | Reformer Plus | K | 8:00- 8:45AM | Basic Reformer | B | 10:00- 10:45AM |
| 7 Openings | | | Class Full | | | Class Full | | | Class Full | | |
| Basic Reformer | K | 7:00- 7:45AM | Basic Reformer | C | 11:00- 11:45AM | Basic Reformer | C | 10:00- 10:45AM | Basic Reformer | B | 11:00- 11:45AM |
| Class Full | | | Class Full | | | Class Full | | | Class Full | | |
| Reformer Plus | C | 9:00- 9:45AM | Reformer Plus | K | 4:15- 5:00PM | Reformer Plus | C | 3:00- 3:45PM | Reformer Plus | B | 12:00- 12:45PM |
| Class Full | | | Class Full | | | Class Full | | | Class Full | | |
| Basic Reformer | C | 10:00- 10:45AM | Reformer Plus | K | 5:15- 6:00PM | Reformer Plus Demo* | M/W | 4:15- 5:00PM | | | |
| Class Full | | | Class Full | | | Class Full | | | | | |
| Reformer Plus | C | 3:00- 3:45PM | Basic Reformer | O | 6:30- 7:15PM | | | | | | |
| Class Full | | | Class Full | | | | | | | | |
| Basic Reformer | O | 5:30-6:15PM | | | | | | | | | |
| 2 Openings | | | | | | | | | | | |
| Basic Reformer | O | 6:30- 7:15PM | | | | | | | | | |
| Class Full | | | | | | | | | | | |